

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Goossens Nicole HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 32: 200M BREASTSTROKE MEN Heat:6, starttime: 09:43

Heat: 6/6 Lane : 2 Athlete: ORBAN OLIVIER Q-time: 02:22:70

PB (50m pool): 02:22.70 Antwerp 09/02/2025 PB (25m pool): 02:14.92 SB: 02:29.37 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.14	01:07.81	01:44.62	02:22.70	
	00:32.14	00:35.67	00:36.81	00:38.08	
					

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN Heat:2, starttime: 09:49

Heat: 2/10 Lane : 3 Athlete: DELPORTE LOTTE Q-time: 01:11:60

PB (50m pool): 01:11.60 Antwerpen 15/03/2026 PB (25m pool): 01:09.78 SB: 01:11.60 Antwerpen 15/03/2026

	5 0 M	1 0 0 M	
PB	00:34.53	01:11.60	
	00:34.53	00:37.07	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN Heat:4, starttime: 10:41

Heat: 4/8 Lane : 1 Athlete: VAN DE GENDER WOUT Q-time: 01:04:18

PB (50m pool): 01:04.10 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:01.41 SB: 01:04.10 Lago Gent Rozebroeken 03/05/2026

	5 0 M	1 0 0 M	
PB	00:30.90	01:04.10	
	00:30.90	00:33.20	
			

Coach feedback:

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Event number: 38: 200M MEDLEY MEN					Heat:4, starttime: 11:11
Heat: 4/5 Lane : 4 Athlete: VAN HOEY BILLIET ALEXANDER					Q-time: 02:05:36
PB (50m pool): 02:06.35 Antwerpen 27/04/2025					PB (25m pool): 02:00.72 SB: 02:21.67 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:26.64	00:59.30	01:35.89	02:06.35	
	00:26.64	00:32.66	00:36.59	00:30.46	
					

Coach feedback: